



Fun summer activities



Not all activities need to be expensive or time consuming to prepare. The following are a few of our favourite activities for you to try:

Get creative!

- ❖ **Pick up some chalk** - Draw with chalk on your drive way or pavement, as it can be easily washed off. Try drawing Disney characters or playing hop scotch
- ❖ **Junk Modelling with recycled objects**
Transform a box, plastic bottle, kitchen roll tube or take away containers into something that flies, floats or a robot
- ❖ **Wall paper art** - Use the back of an old roll of wall paper. The kids can create murals or scenes from a movie. If the weather is bad protect the floors with a cloth and bring the fun indoor or work in the garage
- ❖ **Do something nice for someone** - Are your friends, grandparents or neighbours celebrating a birthday or have they been unwell? Bake cookies, make a card, paint a pot and plant some flowers in it
- ❖ **Amazing Art Activities** - Chelmsley Wood Library and Balsall Common Library
Web: www.thecoreheatresolihull.co.uk



Get outdoors!

- ❖ **Build a den** - Get kids to search for 10 household items, indoors or out, then build a den using the 10 items
- ❖ **Leaf rubbings** – Search for leaves together & place them between 2 pieces of paper - rub the side of a crayon over the top piece of paper. Look on the internet to try to identify the trees that they are from
- ❖ **Go on a bug hunt** in the garden or the park. Take a quick photo of the bug and when you get home you can go on the internet & try to identify the bugs that you found
- ❖ **Meriden Adventure Playground, Chelmsley Wood** - The Adventure Playground is a fully staffed area where children are free to play and explore. They actively encourage children to play freely, where their imagination is their only boundary. They have large range of wooden structures with various swings, a large climbing frame, a huge sandpit and zip line. They also have an open fire pit, where they can teach children to use fire responsibly and let them help prepare food to be cooked over the fire.
Contact: 07905 442669
Email: booking@meridenadventureplayground.com
Web: <https://meridenadventureplayground.com/contact-mapa/>

Get sporty!

- ❖ **Tennis in the Park** - Courts open in our parks. Organising your tennis is now even easier on the park courts in Solihull. The refurbished courts at: Bentley Heath, Knowle, Malvern and Shirley parks as well as the courts at Elmdon Park can all be booked online for FREE.
Web: www.clubspark.lta.org.uk/TennisInSolihull
- ❖ **Marathon Kids UK Olton Jubilee Park** - Marathon Kids UK inspires the next generation to become physically active. Warm-up games, relay races and a 20-minute endurance lap challenge are all fun activities featured at the events.
Web: www.marathonkids.co.uk

Get singing!

- ❖ **Eden project - music o'clock sessions**
Sessions are inspired by the natural world. Join in by watching online sessions and sing along with the lyrics. Use the online resources to have a go and share your finds or feedback.
Web: <https://www.edenprojectcommunities.com/music-o-clock-session>

For summer activities & events, Ofsted registered holiday schemes and specialist schemes for children with disabilities, go to:
www.socialsolihull.org.uk/localoffer/summer-activities

Call the Family Information Service on 0800 389 8667 or email: familyinfo@solihull.gov.uk