

## FREE online Solihull Approach Parenting Courses

**Solihull Approach has recently added a new online course** in addition to those already available FREE for ALL Solihull residents to gain knowledge, confidence and skills to support their parenting.

### **‘Understanding your child with additional needs’**

has been especially designed for parents of children with additional needs, and specifically those children who may have a physical or learning disability or display autistic traits.

This overall aim of this course is to make it easier to work with and support children with additional needs, so please help us raise awareness by passing these details to relatives, friends and family.



### **PARENTING COURSES AVAILABLE:**

- Understanding Your Pregnancy
- Understanding Your Baby
- Understanding Your Child
- Understanding Your Teenager’s Brain

Plus now a course for all teenagers too  
Understanding Your Brain

One access code: **APPLEJACKS**

### **HOW TO ACCESS:**

- Go to [www.inourplace.co.uk](http://www.inourplace.co.uk)
- Create an account using an email address & password
- Scroll down to choose a course
- Click on ‘Already got a discount coupon?’
- Select the relevant course from the list  
Insert the access code - **APPLEJACKS**  
Click ‘Apply coupon’

*For any technical issues, please contact the Solihull Approach team on 0121 296 4448 or via email to [solihull.approach@heartofengland.nhs.uk](mailto:solihull.approach@heartofengland.nhs.uk)*



For further information please contact the Parenting Team via email to [bsmhft.parenting@nhs.net](mailto:bsmhft.parenting@nhs.net) or follow us on our Facebook page – Solihull Parenting Team