



# Solihull Family Hubs



A Family Hub is a place where children, young people and families can go for services, advice and to meet other families. Raising a family, being a parent or carer, or navigating life as a young person can be a challenge so staff in the hubs can put you in touch with different services in the area.

## There are 4 Family Hubs in Solihull

- Elmwood- Smiths Wood
- Evergreen- Kingshurst
- Riverside- Chelmsley Wood
- Hatchford Brook- Elmdon

Scan here for more  
information on the  
Family Hubs website



Family Hubs are open to everyone and there will always be a safe space available for you if you need it. You can get help with many things from:



- parenting support and social activities
- seeing a midwife or a health visitor
- activities for young people
- support for children and young people with additional needs

**The Solihull Start for Life Offer is a guide for everyone involved in a child's life from pregnancy to 2 years old. It includes information, advice, services and places to go to keep healthy, happy and safe in the first 1,001 days.**

Email us: [familyhubs@solihull.gov.uk](mailto:familyhubs@solihull.gov.uk)

Call: 0121 704 6017

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