Behaviour and Restorative Practice at Forest Oak School.

"A restorative school is one which takes a restorative approach to resolving conflict and preventing harm." Restorative Justice Council.





"Pupils' excellent relationships with each other and with staff ensure a supportive and relaxed atmosphere in which pupils' behaviour is very well managed. "Forest Oak Ofsted 2014.

Behaviour at Forest Oak School

Behaviours and Values we Foster

We Reject in Forest Oak:

• Honesty

REST

- Listening
- Positivity
- kindness
- Teamwork
- Personal responsibility
- Independence
- Respecting others' rights and property
- Celebrating diversity
- Understanding each other and fresh starts
- Politeness
- Respecting pupils' difficulties and the impact on behaviour

- Bullying
- lying
- Cruelty
- Cheating
- Dishonesty
- Irresponsibility
- Racism
- Physical assault
- Shouting at pupils



At Forest Oak, we link behaviours, thoughts and feelings.

Considering what a person is and was thinking and feeling is key to understanding their behaviour and in supporting them to make more positive behaviour choices.

· Laditor

Our pupils are taught to have increasing responsibility For their own behaviour
For recognising the inpact of their behaviour on other
For determining consequences of behaviour.
For solving problems and repairing harm.
✓ Expressing themselves confidently and clearly.



Forest Oak is a Restorative School! ...We use 'RP.'

"Restorative processes bring those harmed by crime or conflict, and those responsible for the harm, into communication, enabling everyone affected by a particular incident to play a part in repairing the harm and finding a positive way forward."

http://trrrio.co.uk/ (Click link to view clip about restorative practice and justice on our training provider's website.)





At Forest Oak we use positive recognition...

We teach, expect, look for, notice and reward positive behaviours! Focusing on and rewarding the positive enables us to ...

- Encourage pupils to continue appropriate behaviour.
- Increase self-esteem.
- Reduce problem behaviours.
- Create a positive classroom environment for pupils and staff.
- Teach appropriate behaviour and establish positive relationships with pupils.

All our classes have reward systems. Pupils earn golden time (KS1&2) and merits



with awards and Friday activity time or vouchers (KS3&4.)







At Forest Oak mental health and wellbeing is important to us all...

We actively promote the nhs 5 ways to wellbeing and teach coping strategies.

miliat

of courses

Socialise and connect with others Move and get active iterest...notice things earn and keep learning igage in something big and give to others



"Give me 5 to make me smile! ""

Give me 5 ...



...to make me 🕲

5 Ways to Well being





At Forest Oak our rules are clear.....

CLASSROOM	CORRIDOR	OUTSIDE & HALL	GENERAL
We promise to	We promise to	We promise to	We agree
Follow	Walk in lines on left.	Follow staff	Bullying of any kind is not
instructions.		instructions.	acceptable.
	Use quiet, polite		We do not swear at staff or pupils.
Use calm, kind,	voices (no swearing or	Use kind words (no	We do not hurt staff or other
quiet voices. (No	name calling.)	swearing or name	pupils.
swearing or name-		calling.)	Mobile phones are handed in to
calling.)	Respect school		staff at start of the day.
	property.	If there is a problem tell	Correct uniform must be worn.
Listen to each		someone.	Make up is not allowed.
other.			Extreme haircuts or colours are not
		Clear up after yourself.	allowed.
Ask before leaving			Caps and hats are taken off inside.
the classroom.		Keep hands, feet and	(Those with offensive language or
		objects to ourselves (no	logos are not allowed.)
Keep hands, feet		play fighting.)	Jewellery, except one small pair of
and objects to			studs and a watch should not be
ourselves.			worn.
			Footwear should be black and
(2015-16)			suitable for school.

Every September we all take part in creating classroom rules: we all have ownership of them.



Our restorative approach to behaviour.....

HIGH	то	WITH 🥯			
control (limit-setting, discipline)-	punitive	restorative			
ting, c	authoritarian	authoritative			
mit-sett	NOT	FOR			
ontrol (li	neglectful	permissive			
Ĭ	irresponsible	paternalistic			
Low —support (encouragement, nurture) -> High					

 ✓ uses a high level of discipline while providing a high level of support.

- helps everyone to develop strong relationships.
- ✓ enables to have consistency.
- focuses on the harm not the rule broken.
- ✓ focuses on the feelings of the event not the expected consequence.
- focuses on repairing the harm not punishing the harmer.
- promotes emotional literacy, understanding, fairness and empathy.



How are we using RP at Forest Oak?

Using Circles to talk & listen

Taking responsibility

Repairing harm and building relationships

Putting your behaviour right



Listening to everyone

Saying what you are or were thinking Sharing how you

are or were feeling

To decide consequences



Hearing and saying how behaviour affects others





At Forest Oak everyone has a part to play with behaviour...

Staff, pupils and parents make promises at the start of the year through our home school contract. HOME SCHOOL AGREEMENT (PROMISES)

SCHOOL

To have a restorative approach when problems occur. To come to school with a positive attitude, ready to learn. To know and follow school rules. To make positive choices and be responsible for the consequences of my behaviour. To complete homework on time. To wear the correct uniform to school every day.

(Pupil) Date

School responsibilities:

Pupil responsibilities: I Promise...

We promise...

To have a restorative approach at all times. To provide a positive, motivating and stimulating learning environment

- To keep young people safe at school.
- To work together with pupils, parents and carers to achieve success.
- To positively manage behaviour in a fair and consistent way.

To recognise and celebrate each pupil's individual needs and successes.

Signed______(Class teacher) Date_____ Signed______(School Principal) Date_____

Home responsibilities:

We promise...

Signed

- To work with the school in a restorative way.
- To support my child in arriving at school on time, prepared for the day.
- To communicate with school any issues which may affect my child's learning.
- To support school policies in the positive management of behaviour.
- To provide healthy snacks and the correct school uniform for my child every d To support my child with their reading and homework

(Parent or Carer) Date

Frend the School Behaviour, and Subjety and Anticadore from



Every day starts with a 'check in...'

How are you feeling today?

What can others do to help? What can you do to help others?

What promises shall we make for today?

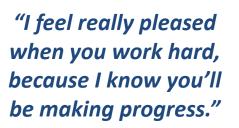
This helps us all to have a voice, listen and be listened to, understand and be understood.



All staff use affective language

 We teach our pupils to empathise and understand cause and effect by linking behaviours, thoughts and feelings with consequences, including harm. For example:

"Thanks for opening the door, that's kind, you make me feel appreciated."



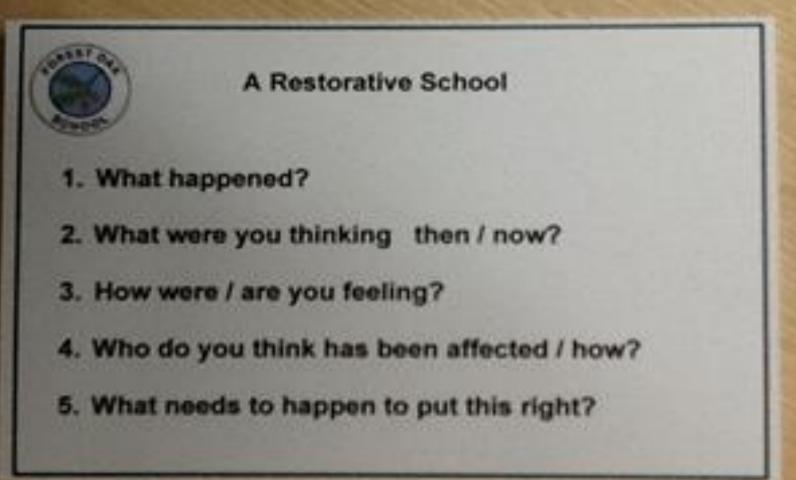


""I feel worried you are talking during this activity because you're not achieving as much as you can."

"I feel upset you are disturbing the lesson because I worked hard to prepare something interesting for you."



If there is a problem we use 5 simple questions....





We have clear Sanctions when rules are not followed...

Foundation, Key stage Key stage 3 and 4 1 and 2

- Warning
- 5 minutes thinking time to make a better choice.



 Go to the 'talk and sort room' for RP discussion.



- Warning
 - 5 minutes thinking time to make a better choice.
- Go to the 'restorative room' for RP discussion.







Promises and consequences...

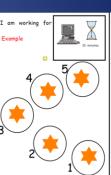
Pupils will make 'a promise' following RP to put right behaviours.

Fair consequences which repair harm may be decided during these conversations. These could include:

- -Taking work home to complete
- -a lunch detention
- -an apology
- -an after school detention (this will need to be shared with parents and agreed with SLT)
- -repairing a display or tidying a mess
- -writing 3 things about a person you appreciate
- -a lesson in behaviour support
- -agreed support work e.g. bullying awareness,
- -set written task
- -removal of privilege
- -promise card report to monitor behaviours and report to SLT regularly
- -written behaviour plans may be needed for some pupils
- -fixed term exclusion (Can only be decided by Principal)



1	promise to								2Ewol
Day	Registration	Lesson 1	Leason 2	linak	Lexann 3	Lesson 4	Lunch	Leason S	Diambool
Monday									
To exclay									
Wed neards y									
Thursday									
Friday									





Different levels of involvement for different behaviours....

	RP LEVEL 1	Formal RP LEVEL 2 refer to behaviour support /SLT	Formal RP LEVEL 3 with Principal present	
Behaviours	Not following class, corridor or lunchtime rules Incorrect uniform Not handing in phone Swearing at staff Bullying and intimidation (see attached bullying section) Persistent disruptive behaviour Deliberate damage to property Personal comments lying play fighting	Not responding to staff RP or keeping promise from RP Refusal to engage in RP Constant Intimidation and bullying of pupils Bullying or intimidation of staff Racist behaviour or comments Walking off site Intentional physical incident on pupil or staff	exclusion. Malicious comments about staff For we	r all behaviours have agreed rels of RP.
Leading	Any member of staff	Trained staff facilitators -Issy Jerrard -Yvonne Maddison -(Gemma Matthews) -(Jez Curzon)	Principal and facilitator. A facilitator will do a risk assessment if needed.	
Present	Involve relevant pupils and staff	This could involve anyone har In some situations governors of		

We work together to face up to bullying...

We will:

Make sure all pupils are safe and feel comfortable in school. Work together as a whole school to prevent bullying. Face up to bullying and act against it. Follow clear procedures to follow when bullying occurs. Help victims of bullying to become more assertive. Give consequences for bullying

Staff

SOMEONE that day.

BULLY what has happened. LISTEN carefully to all using WATCH to see if they are from RP circle. the person or people Tell the pupil's TUTOR/SLT go to school, feel ill, avoid

RECORD what has happened well at school.) TALK TO SOMEONE on SLEUTH. 'Bullying' term LISTEN carefully to used if staff & SLT agree

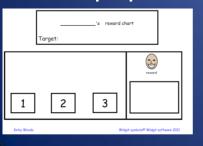
Parents

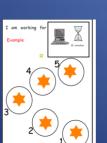
DON'T ASSUME you know TALK to your child about upset. (They may not want to going to places or do less vour child. Make sure of the FACTS. CONTACT SCHOOL



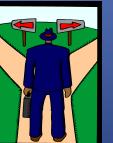
Forest Oak staff listens to behaviour and additional needs...

- Our restorative practice ensures pupils are listened to and a proactive, individualised approach used.
- An individual behaviour plan, adapted curriculum or resources, reward system or specific target will be needed for some pupils to access learning and succeed.
- Some pupils will need risk assessments made for their behaviour and have a personalised Positive Handling Plan (PHP) to support them with behaviour. Parents and school behaviour support team work together with staff and the pupil to do this.















Forest Oak Behaviour Support....

- Our behaviour support team is available to provide additional targeted work with pupils, staff and parents.
- We have a trained Mental Health First Aider, two Restorative Practice facilitators and two Team teach employer tutors to support staff with pupil behaviour and well being.
- Staff will help pupils to develop individual coping scales and strategies.
- Support such as play or music therapy, self or anger-management, anti-bullying or assertiveness sessions and working with our KS3 and 4learning mentor can be accessed here.
- Contact Issy Jerrard, behaviour and well being lead in school to discuss this or other aspects of behaviour and well being.













Forest Oak Pupils are using RP...

STOP

Playground Friend Script

Do you want a playground friend to do RP? What's happened? What were you thinking then? Now? What were you feeling then? Now? Who do you think it has affected and how? What needs to happen to put this right? I promise.....





SAFETY

There is never any confidentiality from staff. (Peer mediators do not gossip but they do tell staff what mediating about.)

Peer mediators do not mediate problems out of school. Where there is anything that is against school rules a teacher must be told immediately and mediation stopped.

(Bullying, racism, violence, drugs, weapons)

Mediators must not touch people, either to break up fights or comfort them.

A Midday supervisor will always be near by when mediators are mediating.

(They have had training too.)

STOP

Forest Oak has Peer mediators in KS3 & 4 and Play ground friends in KS1 & 2 who use restorative questions.



Pupil and staff thoughts about our approach to behaviour...

"Restorative Practice is about how you're feeling and what's making that feeling. People tell me what I've done to make them feel like that if I didn't know. I don't get angry if I have RP because it puts things right, I don't need to get angry with my emotions because it puts me on the right way. It calms me down." y8 pupil.

"When I've had RP we sort the consequences we need, it has worked so far. Y8 pupil"

"It helps a lot and has fixed my friendships a lot." Y11 pupil.

"It is good for me because you can get a lot of things off your chest." Y11 pupil.

"By using RP we are prioritising people and relationships over rules. We still have rules but we are teaching the children the importance of following them and the impact on others if we don't. We are constantly teaching emotional literacy and conflict resolution which will help pupils in all areas of their lives, long term." teacher

"I can't believe how powerful it is, the children really respond to it." teacher